

## UHCC/Geneva Towers/ 550 Harrison

**1 mile walking route!** Route can also be found at [www.upstate.edu/wellness](http://www.upstate.edu/wellness)

Trail that starts at the steps of UHCC. 1.1 miles. From steps of UHCC travel north on South Townsend Street up to McCarthy Street. Cross with the signal to McCarthy Street. Take a left at the end of McCarthy Street heading south on South State Street. Turn right on to East Jefferson Street and go left heading south on Montgomery Street. Stay on Montgomery and turn left on Adams Street. Travel on Adams until you make a left back onto South Townsend Street. Stay on the left and go back up to Harrison to cross with the cross walk lights and you are back at Geneva Towers/UHCC! If you are a beginner, you can turn back on South State Street or on Harrison Ave until you build up to one mile. Have fun. Be safe. Cross at cross walks.

